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**PLEASE NOTE** 

REOPENING CHURCH GUIDELINES

ABC CAMP MEETING ORDER AND CAMP WOODY ACRES FOOD FOR SALE

# NL NEWSLETTER



## Clearing Trees off Mission Office Kenmount Property

Are you looking for Firewood? Or just like a day out cutting trees? The Mission Office is looking to have land cleared on the Kenmount property. Anyone with an adventurous spirit are asked to respond to having a first swipe at clearing trees off a portion of the Kenmount property. **It will begin this weekend, Sunday, July 5.** Please contact Jack Baier (727-5998) or Brian Matthews (685-8627) to ensure access and shown tree cutting area. Outside of this weekend, contact either Jack or Brian to arrange for a spot for you to work, if there are trees remaining.

Kenmount Land Development Committee

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## The Seventh-day Adventist Church in Newfoundland and Labrador Statement on COVID-19 Alert Level 2 Opening Churches for Worship

After considering the guidelines from the NL Government and Adventist Risk Management (ARM) our insurance company, for reopening the NL Churches, it is the conclusion of the NL Pastors and Administration that we are now ready under COVID- 19 Alert Level 2 to consider the reopening of our churches for worship, study and fellowship.

Here are some of the statements supporting this opening:

- 1.As of June 25<sup>th</sup>, NL has moved to COVID-19 Alert Level 2, which permits the reopening of our churches for worship, study and fellowship.
- 2.Guidelines from the NL Government & ARM spell out requirements for keeping those attending our services healthy and safe.
- 3. The leadership of NL Mission entrusts the reopening of our church facilities to the oversight of our Local Church Boards.
- 4.The members of the Local Church Boards are to put in place the sanitizing needed, instructional postings, as well as people who will help the local church keep safe.
- 5.Local churches in NL may open for services as soon as Local Church Boards are comfortable, and they have put in place the fulfillment of the NL & ARM guidelines.
- 6.Churches that chose to reopen and have internet, may join the rest of the NL Church family over ZOOM for the prayer, SS study and worship services.
- 7.Local churches can work at their chosen speed on reopening and may desire to have a trial opening, come back to the Sabbath ZOOM meeting before going to a permanent opening.
- 8.The NL ZOOM services will continue from Sabbath to Sabbath until the end of August with the anticipation that our churches will be welcoming members back to services by then.
- 9.Our pastoral team is committed to a quality ZOOM worship service; therefore, if a pastor is scheduled either for teaching the SS Lesson or preaching on the ZOOM schedule it is expected he will be joining the ZOOM services, either from home or the local church.
- 10.Pastors not scheduled for teaching the SS Lesson or preaching may pre-record their part of the ZOOM service.
- 11. When we are closer to the end of August, we will evaluate the program for reopening of our churches and decide at that time any variations to the program.
- 12.It has been a new normal having ZOOM services and it is the feeling of many that the ZOOM Service should become part of the NL yearly calendar for the churches across the Island.
- 13. Anyone who has an insight, suggestion or question on the best direction for the NL church to take during this time of COVID-19, please speak with your pastor.

Yours in Ministry,

Pastor Ken

## Guidance for Faith-Based Organizations- Government of Newfoundland and Labrador

In Alert Level 2, places of worship may host services and faith-based activities of no more than 50 people, or 50 per cent capacity, whichever is less. This limit includes officiants, staff and volunteers.

To best prevent the spread of COVID-19, places of worship are encouraged to continue hosting services and faith-based activities online or through drive-in services. Social gatherings that normally occur before and after a service (e.g. communal dinners and lunches) should be avoided at this time.

#### Know the Risks

Faith-based services pose a risk of COVID-19 transmission through:

- Gatherings;
- Sharing of ceremonial objects, communion; and
- Singing.

We also know that individuals over 60 and those with chronic conditions are at higher risk of severe illness from COVID-19.

To support public health contact tracing efforts in the event that an attendee at the place of worship tests positive for COVID-19, public health requests organizers to ask individuals to voluntarily provide their name and contact information when attending faith-based activities and events in person. Faith-based organizations will have full ownership of their attendance lists, and will only be asked to share attendance lists with Public Health if a potential exposure occurs. Lists can be discarded after 14 days.

## **Promote Physical Distancing**

- Physical distancing of 2 meters (6 feet) must be maintained between congregants. People from the same bubble can sit together without physical distancing.
- Arrange or mark seating to ensure physical distancing between individuals who are not in the same bubble.
- Registration of participants is encouraged to effectively manage the number of individuals attending, and can assist faith-based organizations in keeping a record of attendance for contact tracing efforts. Avoid registration processes where attendees have to use common-use items such as pens and pencils. Instead, have attendees use their own writing utensils, or have a staff member or volunteer record names. Registration through phone or online processes is encouraged.
- Use visual cues to support physical distancing, such as floor markings and posters. Verbal reminders of physical distancing are also recommended.
- Implement one-way traffic flow (e.g. enter through one door and exit through another, designating smaller aisles as one-way).
- Control and stagger entry into, and exit from, the place of worship before and after services (e.g. by dismissing individuals by section, rather than all at once).

- Identify areas, such as lobbies, where crowding and bottlenecks are common, and use volunteers, staff, or barriers to redirect people who may gather in these areas.
- If multiple gatherings are held on a single day, the start and end times must allow for attendees who are exiting one gathering to avoid contact with those arriving for the next gathering. There must also be sufficient time for cleaning and disinfection between gatherings.
- For more guidance, please see <u>Physical Distancing for Businesses</u>.

#### **Enhanced Sanitation**

- For guidance on cleaning, see: <a href="https://www.gov.nl.ca/covid-19/files/factsheet-covid-19-environmental-cleaning-NL.pdf">https://www.gov.nl.ca/covid-19/files/factsheet-covid-19-environmental-cleaning-NL.pdf</a>
- Provide Health Canada approved hand sanitizer (these typically contain at least 60 per cent alcohol) near the entrances and exits and throughout the place of worship in high traffic areas. Signage should be posted asking congregants to use sanitizer.
- Increase cleaning and disinfection of commonly contacted areas, including:
- Seating;
- Doorknobs;
- Railings;
- Light switches;
- Elevator buttons; and
- Ceremonial objects.
- Washrooms should be open, but increased cleaning and disinfection must take place. Ensure washrooms are always supplied with liquid soap and paper towels, and that warm running water is available. Contactless garbage bins should be available and emptied frequently.

## **Higher Risk Activities**

- Handshaking, hugging, touching or passing objects between people, or other forms of physical contact are not permitted.
- Passing collection plates is not permitted. Alternatives can be considered, such as online donations or a depository to accept offerings.
- Faith-based rituals requiring physical contact between people should be changed to maintain physical distancing; if this is not possible, increase hand hygiene and wear a non-medical mask.
- Common use items should not be used, such as books and hymnals. Projecting materials or distribution of single-use materials can be considered, and congregants are encouraged to bring their own items. Discard of printed materials after the service is complete.
- If touching of ceremonial objects is required, individuals should perform hand hygiene before and after touching the object. They should not kiss, embrace, or press their faces on any shared ceremonial objects.
- Microphones must not be shared. Limit the number of people providing readings or other activities that need a microphone.

- If sharing communion is part of a faith-based ritual, the following precautions must be taken:
- Serve in pre-packaged or individual portions.
- Have a small number of designated servers.
- Servers and recipients must not have physical contact.
- Servers should wear a non-medical mask, and wash or sanitize their hands immediately before and after serving. Recipients are also recommended to wash or sanitize their hands before and after consuming.
- Singing and playing wind/brass instruments is not recommended, due to increased risk of spread of virus with these activities. If such activities must occur they should be performed by as few people as possible who are positioned at least 12 feet from each other and other staff or volunteers. There must be no sharing of instruments or microphones. Choirs are not permitted.
- Congregational singing is discouraged. Participants can hum, where appropriate.
- Offering of infant and child minding, Children's Liturgy or Sunday School is not permitted at this time. Children should stay with their families for the duration of the service.

#### **Personal Practices**

- You should complete the COVID-19 self-assessment before visiting a place of worship.
- You should stay home if you are sick.
- If you are over 60 or have an underlying medical condition, you should consider delaying your return to your place of worship. Continue to participate in services online, if possible.
- If you have arrived in Newfoundland and Labrador from outside the province within the last 14 days, you need to self-isolate and are not permitted to visit the place of worship.
- Wash or sanitize your hands often.
- Practice cough and sneeze etiquette, and avoid touching your face.
- You can wear a non-medical mask, but this is not required if you maintain physical distancing from others who are not in your bubble.

Updated on June 24, 2020

## Guidelines for Reopening Our Churches - Adventist Risk Management

Congregations everywhere are looking forward to reopening their doors and beginning live services at churches again. Much of the world has been brought to a near standstill to combat COVID-19 through social distancing. Some regions are starting to relax the stay-at-home orders. The anticipation of worshipping together means plans are necessary that adapt to how church services are conducted.

## Disinfecting the Building

Once social distancing restrictions have been lifted, pastors must begin implementing steps to sanitize the entire building. The Centers for Disease Control and Prevention (CDC) has outlined requirements for proper cleaning. Churches need to clean and disinfect pews, rostrum furniture, electronic equipment, microphones, and AV aids, in addition to restrooms and wash areas. In Sabbath School rooms, disinfect all chairs, tables, and teaching aids. If your church has athletic equipment, including playground structures, these should be disinfected as well. The CDC also recommends replacing the filters on all air conditioning units to ensure the flow of clean air into the building.

Churches should temporarily remove hymnals and Bibles from the backrest of the pews and consider using an AV display to project hymns and other information. If you have not previously done this in your church, please be sure you have the necessary licenses to avoid violating copyright law.

### Sanctuary

Seating arrangements in the sanctuary should be temporarily changed to keep social distancing in place. This can be done by marking which areas are available for seating and which are not. Some churches already have signs or cords that are used to indicate seating during Communion. If you don't, you may use stickers, placards, or ribbons. Ensure that worshippers enter through one door and exit through another to minimize people coming in close contact in doorways

Consider implementing two short services with an interval in between to limit the number of worshippers at one given service. During the break time, have volunteers clean the sanctuary, lobby, restrooms, and other high-use areas. Encourage members to give their offerings online and refrain from passing the offering plate. Instead, place a collection box at a designated spot and have one of the deacons monitor it throughout the day.

Using a central microphone on the rostrum is preferable to passing a handheld mic back and forth. The rostrum area and the microphones should be cleaned after each service. To regulate the flow of people out of the sanctuary, assign the deacons to dismiss worshippers by rows. It is also recommended that the pastor not stand at the door to greet everyone as they file out of the sanctuary.

#### Sabbath School Rooms and Restrooms

Smaller rooms like Sabbath School classrooms, the mother's room, and even the restroom make it challenging to practice social distancing. Look for ways to minimize the number of people in each Sabbath School room or find larger places to meet. You may also want to limit the number of people in the restroom at the same time. Display signs inside the restrooms about the correct procedure for washing hands and ensure that adequate cleaning supplies are provided.

## Choir, Praise Team, and Musicians

Music is a big part of most church services. Still, it is recommended to reduce the number of participants on the praise team, if possible. This allows for more room on the rostrum during song service. Consider suspending any group practice for praise teams or the church choir. The deep breathing of singers during practice may also promote the spread of viruses. Pianos and other church-owned instruments should be thoroughly cleaned after each use.

## Hospitality and Social Gatherings

Fellowship is also an essential part of the church experience that many of us are missing while we worship remotely. It is prudent to encourage members to refrain from hugging or even shaking hands with each other after they return. The CDC has provided guidance on the importance of wearing masks to prevent the spread of the disease by asymptomatic people so encourage members to continue to wear a mask in public settings.

Prop the doors open during services or consider installing an automatic door that opens as people come in and go out. Increase the number of hand sanitizer dispensers throughout the building and post signs that promote proper hygiene tips. Also, designate a volunteer to clean elevator buttons and door handles during the service.

Even after the congregation resumes worshiping together, there may need to be a time when additional social events are put on hold. It is recommended that the kitchen and cafeteria not be used at this time, and all group meals suspended. This minimizes the need for extreme cleaning during the preparation and serving of meals. It also cuts down on times when social distancing is challenging to achieve.

#### Communication

Regardless of what guidelines you choose to put in place, the pastor should send an email to all families with information about the changes they might experience on their return. These changes should be on display in the lobby or reception area and mentioned in the bulletin. Remind the congregation that anyone who is sick, especially those with a fever or suffering from a cough or cold, should not come to church. This can lead to an increased spreading of disease, especially among the elderly and at-risk members of the congregation.

#### Conclusion

Everyone is anxious to return to corporate worship and fellowship with the church family. Still, it is important to follow state and local law, while being mindful of safety values and the counsel of public health professionals. Some medical institutions have suggested that this virus may continue to be around for an extended period or may reappear during the fall season. Having a plan in place now can minimize the risk of having a second outbreak in your community.

## Communion Bread Recipe Friday, July 3rd, 2020 at 7 p.m.

#### For 4 people

2 teaspoons of whole wheat flour, all-purpose flour, or almond flour.

1/2 teaspoon olive oil, canola oil, vegetable oil, or coconut oil

1 teaspoon cold water

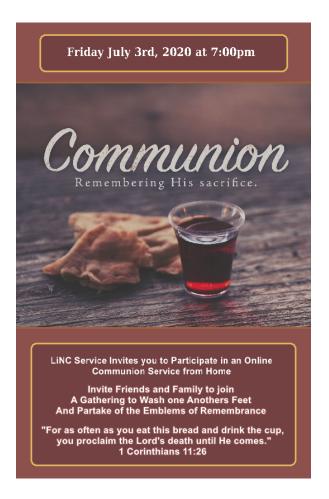
pinch of salt

Bake at 300 degrees

for 15 minutes

For the "wine" we use 100% grape juice

Welchs is probably the easiest to find as Walmart, Dominion, No Frills, and Colemans carry Welchs. Careful, you don't buy the prune juice as the bottles look quite similar.



## Camp Meeting ABC Food Order

The time has come to place your order to take advantage of the 2020 ABC Camp Meeting Frozen and Dry Can Specials. The advertised dates are for Aug 16-Aug 30, 2020. Order now and receive the Camp Meeting Price. Both Frozen and Dry orders will be accepted/ You can ask about ABC Music and Book Specials also. Delivery will be about 2 weeks after the close of sale, middle of September, and stored at Woody Acres Campground like before, with arrangements made for pick up.

\*\*All orders are prepaid /a 20% transportation will be added to help cover the transportation costs.

Here is the information you will need is listed below. When contacting the ABC tell them you are from NL and want your order to be set aside for shipment at the end of the sale.

Local 905-579-2311 Toll-Free 800-765-6955

Fax 905-579-5686 www.AdventistBookCenter.com

Email: oshawa.abc@pacificpress.com

#### **ABC Christian Bookstore, Oshawa**

Tel: 905.579.2311 Toll-Free: 1.800.263.3791 Campmeeting Food Specials

Draduct	OT Sine	OTV	Reg Price		CM Special Price	OTV	Reg Price		CM Special Price
Product	CT Size	QTY	Indv. Individual SAVINGS		QTY	Case	SAVINGS	Case	
WORTHINGTON CANNED									
Big Franks	12 20 oz		8.99	1.00	7.99		97.09	12.00	85.09
Chili	12 20 oz		7.99	1.00	6.99		86.29	12.00	74.29
Frichik	12 12.5 oz		7.99	1.00	6.99		86.29	12.00	74.29
Prime Stakes	12 13 oz		7.99	1.00	6.99		86.29	12.00	74.29
Super Links	12 19 oz		8.99	1.00	7.99		97.09	12.00	85.09
Swiss Stake	12 13 oz		7.99	1.00	6.99		86.29	12.00	74.29
Vegetarian Burger	12 20 oz		8.99	1.00	7.99		97.09	12.00	85.09
Veja-Links	12 19 oz		8.99	1.00	7.99		97.09	12.00	85.09
Saucettes	12 19 oz		8.99	1.00	7.99		97.09	12.00	85.09
Nutmeat	6 14.6 oz		7.99	1.00	6.99		43.77	6.00	37.77
Nutolene	6 14.6 oz		7.99	1.00	6.99		43.77	6.00	37.77
WORTHINGTON FROZEN			•						
Fripats - 48 ct	4 12ct		19.99	2.00	17.99		71.99	8.00	63.99
Corned Beef Roll	4 72oz		39.99	4.00	35.99		149.99	16.00	133.99
Turkey Roll	4 72oz		39.99	4.00	35.99		149.99	16.00	133.99
Wham Roll	4 72oz		39.99	4.00	35.99		149.99	16.00	133.99
Chicken Roll	4 72oz		39.99	4.00	35.99		149.99	16.00	133.99
Salami Roll	4 72oz		39.99	4.00	35.99		149.99	16.00	133.99
Dinner Roast	6 32oz		21.99	2.00	19.99		118.74	12.00	106.74
Deli Slices Chicken	8 8oz		6.49	0.50	5.99		46.99	4.00	42.99
Deli Slices Turkey	8 8oz		6.49	0.50	5.99		46.99	4.00	42.99
Deli Slices Salami	8 8oz		6.49	0.50	5.99		46.99	4.00	42.99
Deli Slices Corned Beef	8 8oz		6.49	0.50	5.99		46.99	4.00	42.99
Deli Slices Ham (Wham Sliced)	8 8oz		6.49	0.50	5.99		46.99	4.00	42.99
Sausage links	8 8oz		6.99	1.00	5.99		50.39	8.00	42.39
Sausage Patties	8 8oz		6.99	1.00	5.99		50.39	8.00	42.39
Stakelets	8 10oz		7.99	1.00	6.99		57.59	8.00	49.59
MORNINGSTAR FARMS FROZE	EN		•						
Grillers - 48 ct	4 12ct		17.59	2.00	15.59		67.99	8.00	59.99
Chik'n Nuggets	6 10oz		6.99	1.00	5.99		38.49	6.00	32.49
Chik'n Nuggets Inst.	1 212ct		•				112.09	12.00	100.09
Breakfast patties Maple	6 8oz		6.99	1.00	5.99		38.49	5.00	33.49
Breakfast Patties Inst.	1 112ct		-	-	-		100.06	12.00	88.06
Breakfast Links	12 8oz		6.99	1.00	5.99		75.49	9.00	66.49
Breakfast Links Inst.	1 168ct		-	-	-		104.25	12.00	92.25
Breakfast Strips	18 1pack		5.69	0.65	5.04		92.18	12.00	80.18
Corn Dogs	8 10oz		6.99	1.00	5.99		50.99	8.00	42.99
OLIVES									
Green Pitted Olives	12 6oz		4.29	0.50	3.79		46.39	6.00	40.39

In-store Campmeeting Specials are available August 16 - August 30, 2020 Prices Subject to Change. While Quantities Last. Sorry, No Rainchecks.