

NL ADVENTIST eREPORT

A digital publication brought to you by the Seventh-day Adventist Church in Newfoundland and Labrador.

In This Issue: Pastors Convention 'Called' Postponed; President's Letter | COVID-19 Update; Steps To Protect Yourself; Bay Roberts Health Expo; Lethbridge Social Night; Join Us In Prayer; Baby Dedication; Online Giving; We Have Hope; Global Youth Day; Stuffed At the Gill's...

PASTORS CONVENTION POSTPONED

Written By: North American Division

As Christians, we have a responsibility to care for each other and ourselves. With the World Health Organization now declaring COVID-19 to be a pandemic, we should be part of the solution rather than potentially becoming part of the problem.

In seeking to limit the potential impact of COVID-19, the NAD administration has voted that all staff should cease all travels immediately. The administration has prohibited work-related travel until June 24, 2020. Also, the NAD administration has voted to cancel NAD-sponsored events and meetings scheduled to take place before June 24. The NAD Human Resource Services Conference and Union and Local Secretaries Council, scheduled for April 26-28, has been canceled. The CALLED Pastors' Family Convention, scheduled for June 20-24, 2020, has been rescheduled for the summer of 2022. Cancellation notices for several NAD events have already been issued.



Even in these uncertain times, we urge all our members to stay connected with family, friends, and church members through phone calls, texts, emails, social media, etc. We can encourage and support one another through these avenues of communication – and prayer. We urge each member also to continue to support the mission of the church.

Some of our members may consider these guidelines extreme. Still, we take cautious guidance from Ellen G. White: "God will not work a miracle to keep those from sickness who have no care for themselves, but are continually violating the laws of Health and make no efforts to prevent disease. When we do all we can on our part to have Health, then may we expect that the blessed results will follow, and we can ask God in faith to bless our efforts for the preservation of health" (Counsels on Health, p. 59).



PRESIDENT'S LETTER | COVID-19 UPDATE

Written By: Pastor Ken Corkum

For several weeks we have witnessed the identification and spread of COVID-19 virus from central China to every part of the world, including Canada. Fortunately for Newfoundland, we are on the low-risk side of the spectrum, but we are not exempt.

The office has forwarded statements from the North American Division and Seventh-day Adventist Church in Canada to our churches. We have to embrace the new social norms and be conscious of the spread of infection.

Health Canada is advising people to self-isolate for the next two weeks. It takes 4-14 days for symptoms to appear. With these messages of caution expressed to those who meet in small groups, It is time to take the next steps of precaution with our local churches.

For us the Mission office, and the Lighthouse Radio (VOAR) staff, we have been asked to work from home until the end of the month. We will stagger our working habits and be diligent in protecting each other if at the office. If you need us, you can reach us on our cell phone numbers.



Xenia Capote (Treasurer)	682-0284
Ken Corkum (President)	682-8139
Andre Hibbert (Accountant)	685-7192
Jack Baier (Assist-Accountant)	722-5998
Sherry Griffin (Lighthouse FM)	325-7627

Sabbath March 14 was the last time some of us met in church fellowship. I am asking that our Sabbath services be canceled for the next two weeks and reassess for Sabbath April 4. Our people are encouraged to search and find Adventist presentations on the web on Sabbath morning to highlight worship time. This includes mid week services such as; Prayer Meeting and Pathfinder/Adventurer programs.

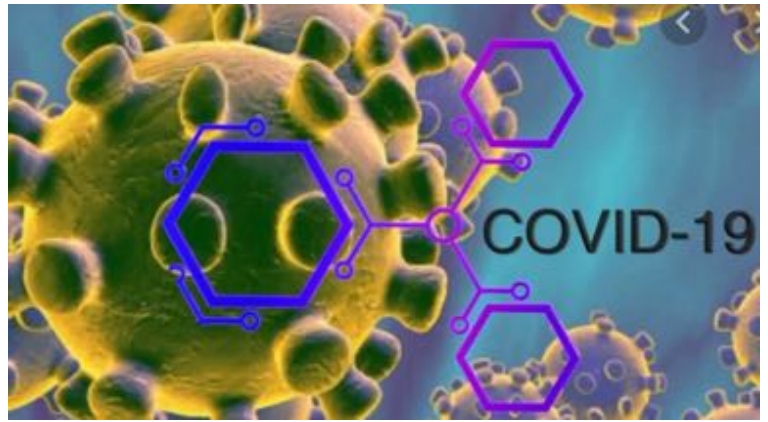
Let us pray and support each other and practice the professional medical advice from our community leaders. These are times for reflection and realizing we are coming closer to the soon returning Saviour.

STEPS TO PROTECT YOURSELF

Written By:North American Division

During a crisis, we will have many opportunities to practice Christ-like generosity towards others. As followers of Jesus, this is a crucial time for our churches to shine in our communities.

We encourage everyone to please practice Health Canada guidelines as you minister to those in your communities and those within our churches.



1. If you have recently traveled to a COVID-19 infected area or you are currently showing signs of having cold or flu-like symptoms, we ask that you DO NOT go into largely populated areas, or visit other members. There are many with compromised health conditions that you might spread the virus to, and you have a moral and spiritual obligation to remain at home and worship online or with your family.
2. Implement a hug and handshake free zone everywhere and maintain a safe distance (at least 2 meters) from others.
3. Have a church plan ready to meet the needs of the elderly and those who live alone or with special needs. Develop strategies and assign people to regularly check in on them and make sure that the necessary supplies are on hand to care for sick and elderly members.
4. Avoid all unnecessary physical contact with others and wash hands often (with warm water and soap) while avoiding contact with one's face.
5. Carry around sanitizers with you when you go out.
6. Regularly clean high-touch surfaces like your handles, tables, and electronic devices.
7. Consult your local health department and Health Canada to pass along reliable information to your membership.
8. Support those who are front line workers. They may be extra support as they serve on the front lines in our health care facilities.
9. Practice the eight laws of Health while promoting a lifestyle that will strengthen the immune system.

There are several resources available that will be helpful to churches and members as they evaluate how to best move forward with the mission of the church.

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

<https://www.nadadventist.org/news/nad-administration-provides-guidance-church-north-america-during-covid-19-pandemic>

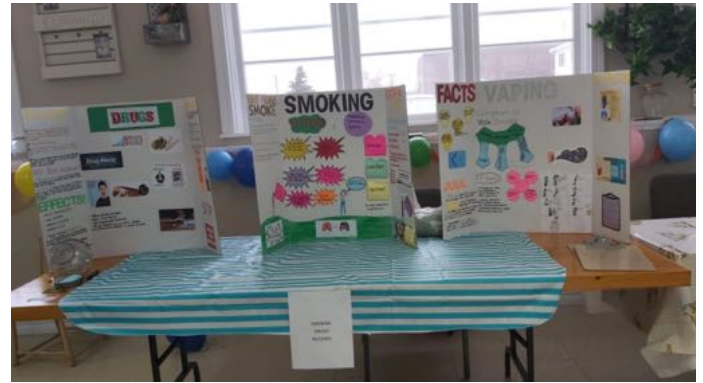
<https://www.gov.nl.ca/covid-19/>

BAY ROBERTS HEALTH EXPO

Photos By: Steve McIntyre | Written By: Steve and Stephanie McIntyre

March 1, 2020 Bay Roberts church held a Health and Wellness Expo. It was hosted by the Bay Roberts and St. John's Pathfinder Clubs. This idea began as a creative way for Bay Roberts Pathfinders to earn their health honors this year. However, it quickly became an opportunity to unite both the St. John's and Bay Roberts pathfinder groups and have a community health outreach! With the help of some fantastic workers and volunteers and, of course, God's Blessing the event was a success. It was heart-warming to see our local members uplift the faith, and serve alongside the youth of our churches. Stephanie McIntyre, leader of the Bay Roberts Pathfinders, says, "It was a WIN, WIN, ALL AROUND! It was clear there was enthusiasm in our fellowship, a whole learning experience, and appreciation of healthy living for all." A few booths included: nutrition, indoor and outdoor exercise, substance awareness, and seeds and muscles. There were also many activities, information shared, and samples to try. It was hard not to smile as people came, participated, and walked off with their take-home baggies. This event was a huge success and an encouragement to health awareness and our Pathfinder Clubs. This event was a positive learning experience. Bay Roberts is excited about the future and having more opportunities to unite and share.

Excellent job Bay Roberts and St. John's Pathfinder clubs. You are a fantastic group of young people, and we are proud of you.



LETHBRIDGE SOCIAL NIGHT

Photos By: Karen Holloway | Written By: Karen Holloway

The Lethbridge Seventh-day Adventist Church held a social night a few weeks ago. For their activity, they chose the bowling alley in Clarendville. It was an open invitation to the church family, friends, and community. It was a great event that held lots of laughter, fellowship, and fun. The church plans to participate in a social event every quarter.



JOIN US IN PRAYER

Photos By: Kaitlynn Harushimana | Written By: Pastor David Boutcher



Prayer is always a necessity. But, at times like these, we see the need a little bit more. Pastor David Boutcher sent an email recently to all the Pastors requesting that we have a designated time to pray. We agreed that we would share this invitation with everyone. Starting immediately, we invite everyone to spend time in prayer each morning at 7:30 AM. During this time, we will pray for one another, our families, church families, health care workers, and our leaders. Let us spend 30 minutes each day, sending petitions to our GOD, for guidance, wisdom, and His refreshing Presence.

If you have any specific prayer requests, our Pastors, and local leaders are always willing to listen and pray with you. Let us use this time God has granted us to turn back to Him.

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16-18

BABY DEDICATION

Photos By: Louis Capote | Written By: Xenia Capote

Baby Zachary Liam Clyde Rogers was dedicated March 7, 2020, in the St. John's Seventh-day Adventist Church. He was born November 8, 2019, to parents Janice Fajilan and Ralph Rogers and dedicated by Pastor Jamie Joseph.



ONLINE GIVING

Photos By: Kaitlynn Harushimana | Written By: Xenia Capote

Our Mission office would like to share with the members the option of online giving. The website is <https://adventistgiving.ca>, and the Newfoundland churches on the system include:

Bay Roberts Seventh-day Adventist Church

Botwood Seventh-day Adventist Church

Cape Freels Seventh-day Adventist Company

Conception Bay South Seventh-day
Adventist Church

Corner Brook Seventh-day Adventist
Church

Cottrell's Cove Seventh-day Adventist
Company

Marystown Seventh-day Adventist Church

Seventh-day Adventist Fellowship (Grand
Falls-Windsor)

St. John's Seventh-day Adventist Church

All those donating to another institution other than those churches can give to the: Newfoundland Conference Church.

If you do not feel comfortable paying online, and you wish to do so, you can contact your local pastor and arrange a different method.



WE HAVE HOPE

Photos By: Kaitlynn Harushimana | Written By: Kaitlynn Harushimana

As you can read from the beginning of the report, there are many cancellations and warnings. However, this does not mean that there is nothing you can do. Things not cancelled:

Getting Outdoors: Not Cancelled

Music: Not Cancelled

Family: Not Cancelled

Reading: Not Cancelled:

Singing: Not Cancelled

Laughing: Not Cancelled

Hope: Not Cancelled



During this time, we encourage you to pray, call and check on your family and friends, have home worships, study your Bible, read your book collections, play family games, do a puzzle, bake and cook healthy meals, go outdoors, start your spring cleaning, and enjoy this time.

As children are at home and parents are being sent home, this is an excellent opportunity to work on your relationships.

Let us embrace what we have, not what we are missing. As Seventh-day Adventists, we live with the hope that Jesus is coming soon as signs are showing. Share Jesus, and be the lights in your family and community.

GLOBAL YOUTH DAY

Photos By: GCYMD | Written By: General Conference Youth Ministries Department



March 21 is designated as Global Youth Day. Even though our churches will be closed on that day, we encourage Church families to reach out to your local youth.

The General Conference Youth Ministries Department says, "The vision of Global Youth Day is to recapture the reality of Adventist youth as a global movement mobilized for service,

contributing to the proclamation of the everlasting gospel and ushering in the second coming of Jesus Christ. There is a lot more to religious faith than only going to church and listening to sermons. The real practice of religion involves the revelation of God's love in living out Jesus's gospel commission as He told us to before He ascended to heaven. Through all manners of selfless acts that point a desperately needy world to the ultimate hope of the better world, He has made possible for us. Grounded in the concluding words of Jesus in the parable of the Good Samaritan, "'Go and do likewise'" (Luke 10:25-37), the theme of the Global Youth Day is "'Be the sermon.'"

STUFFED AT THE GILL'S

Recipes From: www.stuffedatthegills.ca | Photo Taken From: www.stuffedatthegills.ca

How to make it:

Preheat oven to 350 degrees. You may also *blind bake the pie crust, if you wish (website).
vegetable salad, green peas and/or carrots, and baked beans.

Quiche

1-9 inch unbaked pie shell (homemade or frozen)

2 eggs (use 3 eggs for a firmer texture)

1 cup whole milk, evaporated milk or half and half (blended cream)

½ teaspoon salt, or to taste

⅛ teaspoon black pepper, or to taste

1-1½ cups shredded cheese--Cheddar, Swiss, Mozzarella, etc

Fillings: Choose 2 or 3 of the following (a total of 1-1½ cups filling):

½ cup sauted onions

½ cup drained mushrooms or ½ cup sauted fresh mushrooms

½ cup chopped broccoli (lightly cooked)

1 sliced or chopped tomatoes (add basil or oregano to milk mixture)

½ cup cooked and drained and chopped spinach (use frozen for convenience)

½ cup any favorite vegetable

Herbs or spices to taste, optional.

How to make it:

Preheat oven to 350 degrees. You may also *blind bake the pie crust, if you wish (see below for instructions).

Lay half the cheese on the bottom of the pie crust. Layer 2 or 3 fillings on top of the cheese. Beat eggs with milk/cream adding the salt and pepper and any additional herbs or spices. Sprinkle remaining cheese on top. Pour egg mixture over filling. Bake 45-60 minutes at 350 degrees. Test to make sure the middle is not still wet. Remove when baked and let set 5 minutes before cutting. Good served with a tossed green or vegetable salad, green peas and/or carrots, and baked beans. Makes one 9-inch Quiche/6 dinner servings/12-16 appetizer servings.



This Quiche recipe is really a basic recipe for a plain cheese custard but adding the different fillings and putting everything in a crust gives you a tasty Quiche to share with your family and friends. This Quiche can be eaten hot as the main dish in a meal or cut into small slices and served hot or cold as an appetizer at a party. Leftover Quiche also makes a delicious addition to the lunchbox and can be eaten cold or heated in the school or office microwave. It can also be frozen for another meal.